

# STEPHANIE RAFFELock

PODCASTER. AUTHOR. SPEAKER.



*Byline-Stephanie*

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STEPHANIE RAFFELock is the author of *Creatrix Rising, Unlocking the Power of Midlife Women*, (She Writes Press - August, 2021). She also penned the award winning book, *A Delightful Little Book on Aging*.

A graduate of Naropa University's program in Writing and Poetics, Stephanie was a contributor to *The Rogue Valley Messenger* in Oregon. She has blogged for *Nexus Magazine*, *Omaha Lifestyles*, *Care2.com*, as well as *SixtyandMe.com*.

A former i-Heart Radio host, she is now a popular guest on podcasts, where she inspires women to embrace the strength and passion of their personal story.

Stephanie continues to build her speaker's resume by giving presentations for groups like The Ashland Literary Arts Festival, *Breaking the Glass*, WINS at Charles Schwab and Southern Oregon University, Friends of the Hannon Library. Her commitment to uplift women extends to teaching personal development classes for incarcerated women and non-profits, including *Dress for Success*, Austin.

A recent transplant to Austin, Texas Stephanie enjoys an active life with her husband, Dean and their Labrador retriever, Mickey Mantel Raffelock.

## SUGGESTED TOPICS

- + The Woman's Story
- + Being an Elder in a Youth Oriented Culture
- + The Surge - Creativity in Women Over Fifty
  - + Why We're Afraid of Getting Older
  - + The Rising Voice of Midlife Women
- + Worn Out Stereotypes and Emerging Archetypes
  - + Empowerment, An Over Used Word
    - With An Under Utilized Action
- + Reimagining Life in the Time of Coronavirus

