STEPHANIE RAFFELOCK

SPEAKER. AUTHOR. PODCASTER.



STEPHANIE RAFFELOCK is the author of Creatrix Rising, Unlocking the Power of Midlife Women, (She Writes Press - August, 2021). She also penned the award winning book, A Delightful Little Book on Aging.

A graduate of Naropa University's program in Writing and Poetics, Stephanie was a contributor to The Rogue Valley Messenger in Oregon. She has blogged for Nexus Magazine, Omaha Lifestyles, Care2.com, as well as SixtyandMe.com.

A former i-Heart Radio host, she is now a popular guest on podcasts, where she inspires women to embrace the strength and passion of their personal story.

Stephanie continues to build her speaker's resume by giving presentations for groups like The Ashland Literary Arts Festival, Breaking the Glass, WINS at Charles Schwab and Southern Oregon University, Friends of the Hannon Library. Her commitment to uplift women extends to teaching personal development classes for incarcerated women and non-profits, including Dress for Success, Austin.

A recent transplant to Austin, Texas Stephanie enjoys an active life with her husband, Dean and their Labrador retriever, Mickey Mantel Raffelock.

A DELIGHTFUL

LITTLE BOOK

ON AGING











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MOST POPULAR TOPICS

The Importance of A Woman's Story

The audience will see how our experience of life is based on the stories we know by heart. But how well do we really know our individual and family matriarchal history? Audiences will come away with a template for this type of storytelling that includes our struggles, disappointments, wins and transformations.

From Crone to Creatrix, The Evolving Archetype of Midlife Women Audiences will be inspired to learn of an emerging archetype that is being embodied by women of midlife and beyond. This is the story of an evolutionary moment -- how we go from Crone to Creatrix and how we are reimagining ourselves and each other.

Women, What Are Your Super Powers?

Super heroes and super powers have captured our imagination. The audience will be encouraged to identify their own super powers and how to integrate them into their lives. This talk will focus on the hidden super powers found in maturity, creativity and activism.

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